

PROGRAMME STRUCTURE
POST GRADUATION
IN
PSYCHOLOGY
(WITH EFFECT FROM 2025-2026 ACADEMIC SESSION)
AS PER THE NATIONAL EDUCATION POLICY (NEP) 2020

DEPARTMENT OF PSYCHOLOGY
SCHOOL OF LIBERAL STUDIES
KALINGA INSTITUTE OF INDUSTRIAL TECHNOLOGY (KIIT)
DEEMED TO BE UNIVERSITY



KALINGA INSTITUTE OF INDUSTRIAL TECHNOLOGY (KIIT)

Deemed to be University U/S 3 of UGC Act, 1956

POST GRADUATE PROGRAMME IN PSYCHOLOGY

The MA in Psychology offered by the Department of Psychology, School of Liberal Studies, at KIIT Deemed to be University is a dynamic and forward-looking postgraduate programme designed in accordance with the National Education Policy (NEP) 2020. It is designed to foster advanced knowledge in cutting-edge areas of psychological theories and methodologies. The programme aims to equip students with the expertise to apply psychological principles to real-world problems, facilitating in-depth analysis and insightful solutions. Based on the four pillars of education learning to know, learning to do, learning to live together, and learning to be, the programme is designed to develop holistic personality of the students.

Our curriculum and research pay equal attention to urgent global challenges and to foundational topics in Psychology. With an eclectic mix of courses such as Consumer psychology, Criminal and forensic psychology, Emotions in everyday life, Psychology of vulnerability, Cyber psychology, Science of happiness, Psychology of Intimate relationship, Counselling psychology, Clinical psychology, Organizational behavior and many more, the programme promises to be an enriching amalgam of core and interdisciplinary courses. For a student of Psychology, field exposure is primary. The courses viz. Behavioral assessments and provisions for Capstone project will ensure students' understanding of theories and approaches is applied in practice. With a curriculum design that reflects the best methods and practices of Psychology, the objective of the programme is to impart deep insights into leadership, management and strategy with a thrust on employability.

The programme reflects the ever-evolving market situation and socio-political and cultural changes that we observe around us and focuses on preparing students to be future-ready, to prepare them to be psychologists, entrepreneurs, administrators, social science analysts, media personnel, academicians, researchers, social workers in voluntary sector and international organizations viz., the United Nations, World Health Organization etc. or senior level executives in the private and public sector industries or pursue higher education, by equipping students with a holistic view of the understanding individuals in the environment and its operations. The thrust of the programme is on personality development of the students by helping them acquire conceptual, analytical, problem-solving capabilities and emotional maturity.

Throughout, our teaching methods uphold the highest standards of social science scholarship, emphasizing rigorous methodologies and substantive theoretical dialogue. The programme's teaching methodology and approach are, thus, designed to leverage technology and maximize interaction seamlessly and simultaneously. The programme follows a pedagogy that is a blend of lectures, field studies, case studies, discussions and dialogues, seminars, documentaries, projects, assignments and term papers, class presentations, quizzes, etc.

The PG programme in Psychology consists of the following:

- 2-year MA in Psychology for those who have passed a 3-year BA programme with at least 120 credits.
- 1-year MA in Psychology for those who have passed 4-year BA programme with Honours or with Honours with Research, with at least 160 credits
- 1-year PG Diploma in Psychology for those who leave a 2-year MA programme after completing the first-year coursework with at least 40 credits.

PROGRAMME EDUCATIONAL OBJECTIVES (PEOs)

The Programme Educational Objectives are to:

- 1) Equip students with a strong foundation in psychological theory, research, and application to pursue advanced academic and professional careers in clinical psychology, counselling, health and community psychology, organizational behavior, education, social work, human resource management, public health, research, content development, and allied behavioural sciences.
- 2) Enable graduates to engage meaningfully with psychological and psychosocial issues through critical analysis, empirical inquiry, community-based interventions, and interdisciplinary dialogues across fields such as neuroscience, sociology, education, and cultural studies.
- 3) Foster lifelong personal and professional growth by nurturing scientific temper, ethical reflexivity, and openness to emerging psychological paradigms, evidence-based practices, and culturally sensitive approaches.
- 4) Promote socially responsible and inclusive psychological practice by preparing students to address issues of mental health, well-being, social justice, diversity, and sustainability in both local and global contexts, with a commitment to ethical standards and human dignity.

PROGRAMME OUTCOMES (POs)

By the end of this programme, a student will be able to:

- 1) Apply psychological principles to real-world contexts including law, health, marketing, relationships, and organizational behavior.
- 2) Demonstrate interdisciplinary competence by integrating knowledge from clinical, counselling, social, forensic, and cyber psychology.
- 3) Design and conduct psychological research using qualitative and quantitative methods suited for modern psychological inquiry.
- 4) Develop tailored psychological interventions for individuals and communities based on context-specific needs and vulnerabilities.

- 5) Communicate psychological insights effectively to diverse audiences through written reports, presentations, and client interactions.
- 6) Exhibit strong ethical and cultural sensitivity while working in diverse professional settings.
- 7) Enhance personal growth and professional development through courses like Science of Happiness, Emotions in Everyday Life, and Intimate Relationships.
- 8) Contribute meaningfully to society by addressing contemporary psychological issues such as cyber threats, trauma, and emotional well-being.

PROGRAMME SPECIFIC OUTCOMES (PSOs)

- 1) To provide a comprehensive foundation in psychological theory and practice, integrating classical frameworks with contemporary advancements across core and emerging domains of psychology.
- 2) To cultivate applied psychological skills relevant to diverse professional fields such as mental health, consumer behavior, forensic investigation, cyber environments, and organizational settings.
- 3) To enhance critical thinking, ethical decision-making, and cultural sensitivity, enabling students to address complex human issues in a rapidly changing global landscape.
- 4) To promote interdisciplinary engagement by blending psychology with fields like technology, law, marketing, health, and communication for a holistic understanding of human behavior.
- 5) To foster research competencies and scientific inquiry, equipping students to design, implement, and evaluate psychological research using appropriate methodological tools.
- 6) To instill a practitioner's mindset by encouraging experiential learning through internships, case-based assignments, community outreach, and counseling practicum.
- 7) To prepare students for careers and higher studies by emphasizing employability, soft skills, and readiness for roles in academia, industry, NGOs, and public service.
- 8) To encourage personal growth and self-awareness, through reflective learning in areas such as happiness science, vulnerability studies, and relationship psychology.
- 9) To foster employable expertise through practice-oriented and research-informed training in diverse psychological subfields.

CREDIT DISTRIBUTION

a) The 2-Year MA in Psychology Programme

The first year of this programme will have coursework only. Each student can choose any one of the following three options in the second year:

- a. Coursework only
- b. Research only
- c. Coursework and Research

The credit loading across the semesters is as follows:

Year 1:	Coursework only, with 21 credits in Semester I and 20 credits in Semester II.
Year 2 Coursework only:	22 credits in Semester III and 22 credits in Semester IV
Year 2 Research only:	22 credits in Semester III and 22 credits in Semester IV
Year 2 Coursework and Research:	22 credits and 22 credits respectively for Coursework and Research in Semester III and Semester IV

b) The 1-year MA in Psychology

Students who join the 1-year MA in Psychology have three options to choose from: Coursework only, Research only, and Coursework and Research. The credits for this programme same as those for the 2nd year MA programme.

Coursework only:	22 credits in Semester I and 22 credits in Semester II
Research only:	22 credits in Semester I and 22 credits in Semester II
Coursework and Research:	22 credits and 22 credits respectively for Coursework and Research in Semester I and Semester II

The research aspect in the Coursework + Research Model consists of the following:

Over a period of two semesters (3rd and 4th for 2 Year PG and 1st and 2nd for 1 Year PG), a student has to complete a research-based work and submit the report which has been arranged in the following way:

Project I: In this regard, the following four outcomes must be achieved by the end of Semester III:

- Research Problem identification
- Review of literature
- Research design formulation
- Commencement of experimentation, fieldwork, or similar tasks

Project II: The following four outcomes must be achieved by the end of Semester IV:

- Completion of experimentation/fieldwork
- Submission of dissertation
- Research output in the form of any one of the following–
- Publication in a reputed Journals such as Scopus/Peer Reviewed indexed journals or other similar quality journals
- Book or Book Chapter in a publication by a reputed publisher Preparation of policy documents

The only Research Model consists of the following:

Over a period of two semesters (3rd and 4th for 2 Year PG and 1st and 2nd for 1 Year PG), a student has to complete a research-based dissertation work and submit the same in the manner devised below:

Dissertation I: In this part the following outcomes must be achieved:

- Identifying are search problem
- Pilot field study
- Review of literature
- Formulation of research design
- Submission of a project report & the onset of field study

Dissertation II: In this part the following outcomes must be achieved:

- Completion of fieldwork
- Submission of dissertation
- Publication in at least one of the following:
- A peer reviewed journal*
- Book published by international or national publishers of repute approved by the research committee

*: The journal must be indexed in Scopus or/and Web of Science and the authors have to be the student concerned and his/her supervisor(s)

CURRICULUM FOR MA IN PSYCHOLOGY (2 YEARS) PROGRAMME

Year – 1

(Coursework + Research), (Only Coursework), (Research)

SEMESTER - I						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
SY69101	Modern trends in Yoga and Sports Sciences	0	0	2	2	1
PS61101	Human Cognition	3	1	0	4	4
PS61103	Health Psychology	3	1	0	4	4
PS69101	Behavioral Assessment - I	0	0	8	8	4
Elective - I		3	1	0	4	4
Elective - II		3	1	0	4	4
Total						21

ELECTIVE – I and ELECTIVE - II						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS61201	Positive Psychology	3	1	0	4	4
PS61203	Criminal and Forensic Psychology	3	1	0	4	4
PS61205	Applied Developmental Psychology	3	1	0	4	4
PS61207	Emotions in Everyday Life	3	1	0	4	4
PS61209	Psychology of Vulnerability	3	1	0	4	4

SEMESTER - II						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS61102	Quantitative Research Methods	3	1	0	4	4
PS61104	Science of Happiness	3	1	0	4	4
PS69102	Behavioral Assessment - II	0	0	8	8	4
Elective - III		3	1	0	4	4
Elective - IV		3	1	0	4	4
Total						20

ELECTIVE - III and ELECTIVE - IV						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS61202	Psychology of Intimate Relationship	3	1	0	4	4
PS61204	Cultural Psychology	3	1	0	4	4
PS61206	Counselling Psychology	3	1	0	4	4
PS61208	Understanding Developmental Diversity	3	1	0	4	4
PS61210	Cyberpsychology	3	1	0	4	4

Year - 2

Coursework + Research

SEMESTER - III						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS60105	Psychological Testing and Measurement	3	0	0	3	3
PS67101	Project - I	-	-	-	-	11
Elective - V		3	0	2	5	4
Elective - VI		3	0	2	5	4
Total						22

ELECTIVE - V and ELECTIVE - VI						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS62211	Clinical Psychology	3	0	2	5	4
PS62213	Foundations of Psychotherapy	3	0	2	5	4
PS62215	Individual and Group Behavior	3	0	2	5	4
PS62217	Human Resource Management and Development	3	0	2	5	4
PS62219	Gender Psychology	3	0	2	5	4

SEMESTER - IV						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS60106	Qualitative Research Methods	3	0	0	3	3
PS67102	Project - II	-	-	-	-	11
Elective - VII		3	0	2	5	4
Elective - VIII		3	0	2	5	4
Total						22

ELECTIVE – VII and ELECTIVE - VIII						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS62212	Advanced Clinical Psychology	3	0	2	5	4
PS62214	Advanced Psychotherapy	3	0	2	5	4
PS62216	Leadership	3	0	2	5	4
PS62218	Organization Structure and Culture	3	0	2	5	4
PS62220	Sports Psychology	3	0	2	5	4

Only Coursework

SEMESTER - III						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS60105	Psychological Testing and Measurement	3	0	0	3	3
PS61107	Social Psychology	3	1	0	4	4
PS61109	Indian Psychology: Theory, Practice and Contemporary Relevance	3	1	0	4	4
PS68101	Internship	-	-	-	-	3
Elective - V		3	0	2	5	4
Elective - VI		3	0	2	5	4
Total						22

ELECTIVE – V and ELECTIVE - VI						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS62211	Clinical Psychology	3	0	2	5	4
PS62213	Foundations of Psychotherapy	3	0	2	5	4
PS62215	Individual and Group Behavior	3	0	2	5	4
PS62217	Human Resource Management and Development	3	0	2	5	4
PS62219	Gender Psychology	3	0	2	5	4

SEMESTER - IV						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS60106	Qualitative Research Methods	3	0	0	3	3
PS60108	Gerontology	3	0	0	3	3
PS61110	Social Issues	3	1	0	4	4
PS67106	Capstone Project	-	-	-	-	4
Elective - VII		3	0	2	5	4
Elective - VIII		3	0	2	5	4
Total						22

ELECTIVE – VII and ELECTIVE - VIII						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS62212	Advanced Clinical Psychology	3	0	2	5	4
PS62214	Advanced Psychotherapy	3	0	2	5	4
PS62216	Leadership	3	0	2	5	4
PS62218	Organization Structure and Culture	3	0	2	5	4
PS62220	Sports Psychology	3	0	2	5	4

Only Research

SEMESTER - III						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS67103	Dissertation - I	-	-	-	-	22
Total						22
SEMESTER - IV						
PS67104	Dissertation - II	-	-	-	-	22
Total						22

CURRICULUM FOR MA IN PSYCHOLOGY (1 YEAR) PROGRAMME

Coursework + Research

SEMESTER - I						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS60105	Psychological Testing and Measurement	3	0	0	3	3
PS67101	Project - I	-	-	-	-	11
Elective - I		3	0	2	5	4
Elective - II		3	0	2	5	4
Total						22

ELECTIVE – I and ELECTIVE - II						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS62211	Clinical Psychology	3	0	2	5	4
PS62213	Foundations of Psychotherapy	3	0	2	5	4
PS62215	Individual and Group Behavior	3	0	2	5	4
PS62217	Human Resource Management and Development	3	0	2	5	4
PS62219	Gender Psychology	3	0	2	5	4

SEMESTER - II						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS60106	Qualitative Research Methods	3	0	0	3	3
PS67102	Project - II	-	-	-	-	11
Elective - III		3	0	2	5	4
Elective - IV		3	0	2	5	4
Total						22

ELECTIVE – III and ELECTIVE - IV						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS62212	Advanced Clinical Psychology	3	0	2	5	4
PS62214	Advanced Psychotherapy	3	0	2	5	4
PS62216	Leadership	3	0	2	5	4
PS62218	Organization Structure and Culture	3	0	2	5	4
PS62220	Sports Psychology	3	0	2	5	4

Only Coursework

SEMESTER - I						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS60105	Psychological Testing and Measurement	3	0	0	3	3
PS61107	Social Psychology	3	1	0	4	4
PS61109	Indian Psychology: Theory, Practice and Contemporary Relevance	3	1	0	4	4
PS68101	Internship	-	-	-	-	3
Elective - I		3	0	2	5	4
Elective - II		3	0	2	5	4
Total						22

ELECTIVE – I and ELECTIVE - II						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS62211	Clinical Psychology	3	0	2	5	4
PS62213	Foundations of Psychotherapy	3	0	2	5	4
PS62215	Individual and Group Behavior	3	0	2	5	4
PS62217	Human Resource Management and Development	3	0	2	5	4
PS62219	Gender Psychology	3	0	2	5	4

SEMESTER - II						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS60106	Qualitative Research Methods	3	0	0	3	3
PS60108	Gerontology	3	0	0	3	3
PS61110	Social Issues	3	1	0	4	4
PS67106	Capstone Project	-	-	-	-	4
Elective - III		3	0	2	5	4
Elective - IV		3	0	2	5	4
Total						22

ELECTIVE – III and ELECTIVE - IV						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS62212	Advanced Clinical Psychology	3	0	2	5	4
PS62214	Advanced Psychotherapy	3	0	2	5	4
PS62216	Leadership	3	0	2	5	4
PS62218	Organization Structure and Culture	3	0	2	5	4
PS62220	Sports Psychology	3	0	2	5	4

Only Research

SEMESTER - I						
COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
PS67103	Dissertation - I	-	-	-	-	22
Total						22
SEMESTER - II						
PS67104	Dissertation - II	-	-	-	-	22
Total						22