

PROGRAMME STRUCTURE

BACHELOR of ARTS IN PSYCHOLOGY (WITH EFFECT FROM 2025-2026 ACADEMIC SESSION)

**AS PER THE
NATIONAL EDUCATION POLICY(NEP)2020**

**DEPARTMENT OF PSYCHOLOGY
SCHOOL OF LIBERAL STUDIES
KALINGA INSTITUTE OF INDUSTRIAL TECHNOLOGY (KIIT)
DEEMED TO BE UNIVERSITY, BHUBANESWAR
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KALINGA INSTITUTE OF INDUSTRIAL TECHNOLOGY (KIIT)

Deemed to be University U/S 3 of UGC Act, 1956

Programme Overview

The NEP 2020 is a transformatory initiative that aims to integrate the local, national, and international standards in the Indian education system. It aims to gradually reduce dropouts and maximize attendance. According to the NEP 2020, students who complete one, two, or three years of UG programmes can use their acquired knowledge to obtain a suitable opportunity for employment. To achieve the objectives outlined in the NEP 2020, the BOS of the Department of Psychology, School of Liberal Studies-KIIT DU has prepared the current Four-year Undergraduate Degree Programme (FYUP) structure.

The FYUP Structure's many exit and entry options allow students to exit and rejoin their programme in stages or graduate with a Certificate, Diploma or Degree in one go. Our curriculum, spanning eight semesters, focus on to improve students' abilities and groom them to become a competent psychologist who can contribute to nation building. Studying Psychology is not related only with knowing values related to well-being, emotional stability, critical and reflective thinking, social justice but it further accelerates the process of thinking in a pragmatic manner about nation building through effective utilization of skills, resources, manpower, and one's abilities. The programme places emphasis on integrated learning based on classroom lectures, interactive tutorials, use of audiovisual material, seminars, case studies, projects extension lectures and coordinated-multipronged internal assessment. Therefore, along with regular classes, field studies and internships form the core of a student's learning experience at the department of Sociology at KIIT-DU. We also provide pragmatic courses on skill enhancement, value addition, and interdisciplinarity to maximize employability while meeting the demands of learners.

Along with enhancing reflexivity and amplifying empathy, the syllabus aims to achieve such outcomes as providing substantial subject knowledge, critical thinking, problem-solving, leadership, creativity, and cutting-edge research skills through multidisciplinary understanding. Learners need these skills to meet the demands of the 21st- century competitive knowledge economy. The final year of FYUP focuses on research so that excelling graduates, after one year of Master's, can pursue PhD research with ease.

Mission

- To offer cutting-edge Undergraduate, Graduate, and Doctoral curricula to young people in India and around the world, equipping them with the skills necessary to become fully engaged members of society and true national and global citizens.
- To conduct world-class research aimed at addressing social, political and economic issues and critically analysing the complexities therein leading to enhanced understanding and probable solutions, bringing disparate communities and societies together for a harmonious global human community.
- To promote economic growth, outreach, and involvement by means of innovative, research-based projects that will enhance the quality of life for individuals and communities on a national and international scale.

Objectives

The following are the objectives of KSLS's Undergraduate programme in Psychology:

- To provide clarity of understanding about the mechanism in which society functions;
- To foster life skills like communication, cooperation, teamwork, and resilience;

- To provide students with the option to pick their learning trajectories, allowing them to follow their talents and interests in life;
- To open up multi-disciplinary avenues by dismantling rigid disciplinary boundaries;
- To give holistic education by ensuring the unity of the western epistemological framework with the Indian knowledge system;
- To enhance reflexivity of thought and empathy;
- To contribute to a holistic student development for global adaptability by furthering creative and critical thinking, innovative skills, and a humanistic outlook; and
- To introduce outstanding research as a core requirement.

Programme Educational Objectives (PEOs)

The programme educational objectives are as follows:

- To produce graduates who will be able to articulate complex social phenomena, interrogate commonsensical understanding, develop an awareness of social inequalities and injustices and be motivated to promote social change and equity.
- To reorient students' liberal studies knowledge towards research tasks such as paper writing and conference presentations. In other words, prepare them for top Indian and international PhD programs.
- To equip students with skills for careers in social entrepreneurship, CSR, voluntary sectors, business, industry, education, law, media and administration.

Programme Outcomes (POs)

Students who complete the B.A. (Hons.) Programme in Psychology will achieve the following outcomes:

- **Psychological Issues:** Develop bottom up approach to analyse and appreciate psychological issues.
- **Socio-Cultural awareness:** Create awareness on the scientific understanding of the society and explain the impact of the society on social institutions and environment.
- **Comprehensive knowledge:** Cultivate disciplinary expertise with a firm grasp of core concepts and theories.
- **Inter-disciplinary and multi-disciplinary attributes:** Acquire both inter-disciplinary understanding and multi-disciplinary knowledge which is fundamental to any social science discipline.
- **Critical Thinking:** Sharpen creative, critical and reflective thinking.
- **Problem Analysis:** Improve analytical reasoning and problem-solving skills.
- **Research Skills:** Sharpen scientific temperament in research methodology and draw the basic difference between subjective and objective understanding of the phenomena in social science research.
- **Individual and team:** Develop mutual cooperation, teamwork, and leadership qualities among the students.
- **The Psychologist and society:** Psychologists play a vital role in shaping a healthier, more informed, and compassionate society through their understanding of human behavior and mental health.
- **Communication and Interpersonal Skills:** Develop inter personal and communication skills to coherently present sociological ideas

- **Civic and Community Engagement:** Heightened sense of social responsibility and equipped to contribute to society by promoting social justice, equality, and positive social change
- **Sustainable Development:** Identify bottlenecks in the process of social development and growth and devise a process of development in harmony with the national and international standards and identify major obstacles on the way

Programme Specific Outcomes (PSOs)

- Pave a pathway for higher studies in the same or allied disciplines, particularly those interested in academics;
- Employ skills gained in specific areas of sociology for entrepreneurial initiative as well as for general employability in the fields of administration, voluntary sector, media and journalism, content writing, and copy editing;
- Equip with the power of knowledge, leadership and decision-making capacity by inculcating a sense of commitment towards their society and community.

CREDIT STRUCTURE OF B.A. PSYCHOLOGY PROGRAMME

The UG programme will consist of the following categories of courses and the minimum credit requirements for 3-year UG and 4-year UG (Honours) or UG (Honours with Research) programmes are given below (FYUP UGC NEP 2020).

Curriculum and Credit Framework for Undergraduate Programmes			
Sl No.	Course Category	Credits	
		4Year Psychology Hons.	4Year Psychology Hons. with Research
1.	Major	92	80
2.	Minor	32	32
3.	Multidisciplinary	09	09
4.	Ability Enhancement Courses (AEC)	08	08
5.	Skill Enhancement Courses (SEC)	11	11
6.	Value Added Courses (VAC)	07	07
7.	Laboratory/Internship (SI)	06	06
8.	Research Project/ Dissertation	--	12
	Total	165	165

DEFINITIONS

- A) **Major:** The major discipline is the primary focus of study, and the degree will be conferred in that specific discipline. Students are required to attain the designated number of credits by completing core courses within the major discipline.
- B) **Minor:** Minor Courses enable students to develop a more comprehensive understanding beyond their major discipline.
- C) **Credit:** A course credit refers to the weightage or value assigned to a course and also indicates the number of hours of academic engagement per week. In theory courses, one credit typically corresponds to one hour of classroom instruction per week, whereas in practical courses, one credit usually represents two hours of engagement per week. Course credits are commonly used to determine whether a student has met the requirements for an academic qualification.
- D) **L-T-P:** This refers to the distribution of credits: Lecture(L), Tutorial(T) and Practical (P).
- E) **Skill Enhancement Courses:** Courses aimed at fostering practical skills, hands-on training, soft skills that aim to increase the employability of the students.
- F) **Ability Enhancement Courses:** These courses are designed to empower students in gaining environmental awareness and showcasing fundamental linguistic abilities, such as critical reading, expository writing, and academic writing skills. These skills assist students in expressing their arguments and communicating their thoughts with clarity.
- G) **Multidisciplinary Courses:** Courses that incorporate approaches from different disciplines to enhance students' intellectual experience and broaden their knowledge.
- H) **Value Added Courses:** Value Added Courses impart to students' valuable knowledge and skills that complement their core studies
- I) **Internship/ Vocational Courses/ Projects:** These immersive learning experiences offer students the opportunity to apply their academic knowledge and skills in practical fields.

PROGRAMME STRUCTURE

COURSE TYPE	COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
SEMESTER I							
Major	PS11001	Art and Science of Behavior	3	1	0	4	4
Minor		M1				4	4
Multidisciplinary	LL11011	Introduction to Film Studies	2	1	0	3	3
Ability Enhancement Course	LL11009	Professional Communication	3	1	0	4	4
Skill Enhancement Course	PS11101	Statistics for Social Sciences	2	1	0	3	3
	SY18001	Sports and Yoga	0	0	2	2	1
Value Added Course	SO10003	Understanding Indian Society	2	0	0	2	2
Total						22	21

COURSE TYPE	COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
SEMESTER II							
Major	PS11002	Human Empowerment	3	1	0	4	4
Minor		M2				4	4
Multidisciplinary (Any one)	LL11014	Introduction to Digital Humanities	2	1	0	3	3
	CB11602	Introduction to Internet of Things	2	1	0		
Ability Enhancement Course	LL11012	Communication and Soft Skills	3	1	0	4	4
Skill Enhancement Course	PS11102	AI in Social Sciences	2	1	0	3	3
Value Added Course	LS11006	Environmental Studies	2	0	0	2	2
Lab	SO19004	Introduction to Spreadsheet	0	0	2	2	1
Total						22	21

COURSE TYPE	COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
SEMESTER III							
Major	PS21001	Cognitive Processes	3	1	0	4	4
	PS21003	Biopsychology	3	1	0	4	4
	PS21005	The Developing Individual	3	1	0	4	4
Minor		M3				4	4
Multidisciplinary	LL21027	Introduction to Visual Culture	2	1	0	3	3
Skill Enhancement Course	PS28103	Seminar	0	0	2	2	1
Lab	SO29009	Introduction to Statistical Package for Social Sciences	0	0	2	2	1
Total						21	21

COURSE TYPE	COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
SEMESTER IV							
Major	PS21002	Contemporary Applied Psychology	3	1	0	4	4
	PS21004	Culture and Indigenous Psychology	3	1	0	4	4
	PS29006	Practical I – Psychological Processes	0	0	8	8	4
Minor		M4				4	4
Skill Enhancement Course	SO21008	Academic Writing	2	1	0	3	3
VAC	HS30401	Universal Human Values	2	1	0	3	3
Total						26	22

COURSE TYPE	COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
SEMESTER V							
Major	PS31001	Essential of Social Psychology	3	1	0	4	4
	PS31003	Counselling Psychology	3	1	0	4	4
	PS39005	Practical II – Psychological Testing and Measurement	0	0	8	8	4
Minor		M5				4	4
Internship	PS38901	Summer Internship Project	-	-	-	-	4
Total						20	20

COURSE TYPE	COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
SEMESTER VI							
Major	PS31002	Science of Positive Psychology	3	1	0	4	4
	PS31004	Fundamentals of Clinical Psychology	3	1	0	4	4
	PS31006	Organizational Behavior	3	1	0	4	4
	PS39008	Practical III – Learning Beyond Classroom	0	0	8	8	4
Minor		M6				4	4
Total						24	20

COURSE TYPE	COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
SEMESTER VII (HONOURS)							
Major	PS41001	Applied Social Psychology	3	1	0	4	4
	PS41003	Research Methods in Psychology	3	1	0	4	4
	PS41005	Psychopathology and Therapeutic Interventions	3	1	0	4	4
	PS41007	Human Resource Management	3	1	0	4	4
Minor		M7				4	4
Total						20	20

COURSE TYPE	COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
SEMESTER VII (HONOURS WITH RESEARCH)							
Major	PS41001	Applied Social Psychology	3	1	0	4	4
	PS41003	Research Methods in Psychology	3	1	0	4	4
	PS41005	Psychopathology and Therapeutic Interventions	3	1	0	4	4
Research	PS48901	Dissertation I		-		-	4
Minor		M7				4	4
Total						20	20

COURSE TYPE	COURSE CODE	COURSE TITLE	L	T	P	TOTAL HOUR	CREDIT
SEMESTER VIII (HONOURS)							
Major	PS41002	Psychology of Health and Beyond	3	1	0	4	4
	PS41004	Developmental Disabilities	3	1	0	4	4
	PS49008	Practical IV – Psychological Testing and Software Skills	0	0	8	8	4
	PS48006	Project	-	-	-	-	4
Minor		M8				4	4
Total						20	20
SEMESTER VIII (HONOURS WITH RESEARCH)							
Major	PS41002	Psychology of Health and Beyond	3	1	0	4	4
	PS41004	Developmental Disabilities	3	1	0	4	4
Minor		M8				4	4
Research	PS48902	Dissertation II	-	-	-	-	8
Total						12	20

LIST OF MINOR COURSES

Students will choose 1 discipline before the commencement of the 1st semester, and they will pursue the corresponding courses in that discipline for 8 semesters.

Minor	Semester	Discipline	Course Title	Course Code
M1	1	Economics	Principles of Microeconomics	ES11301
		Sociology	Invitation to Sociology	SO11301
		Management	Management Principles and Applications	CB11301
		English	Foundations of Critical Reading and Writing	LL11021
		Foreign Languages (French/ German/ Spanish/ Japanese)	FRENCH-I (Beginner)/German-I (Beginner)/ SPANISH I/Japanese Language Course- 01	FR/GR/SP/JP 11001

Minor	Semester	Discipline	Course Title	Course Code
M2	2	Economics	Principles of Macroeconomics	ES11302
		Sociology	Indian Society: Images and Realities	SO11302
		Management	Business Environment	CB11302
		English	Introduction to Literary Studies	LL11024
		Foreign Languages (French/ German/ Spanish/ Japanese)	FRENCH-II (Beginner)/German-II (Beginner)/ SPANISH II/ Japanese Language Course- 02	FR/GR/SP/JP 11002

Minor	Semester	Discipline	Course Title	Course Code
M3	3	Economics	Globalization and Development	ES21301
		Sociology	Classical Sociology	SO21301
		Management	Marketing Management	CB21301
		English	Introduction to Creative Writing	LL21029
		Foreign Languages (French/ German/ Spanish/ Japanese)	FRENCH-III (Beginner)/German-III (Beginner)/ SPANISH III/ Japanese Language Course- 03	FR/GR/SP/JP 21003

Minor	Semester	Discipline	Course Title	Course Code
M4	4	Economics	Fundamentals of Money and Banking	ES21302
		Sociology	Development Sustainability and Society	SO21302
		Management	Entrepreneurship and Start Up Development	CB21302
		English	Contemporary Cultural Narratives	LL21032
		Foreign Languages (French/ German/ Spanish/ Japanese)	FRENCH-IV (Beginner)/German-IV (Beginner)/ SPANISH IV/ Japanese Language Course- 04	FR/GR/SP/JP 21004

Minor	Semester	Discipline	Course Title	Course Code
M5	5	Economics	Indian Economy	ES31301
		Sociology	Social Movement	SO31301
		Management	Investment Management	CB31301
		English	Text and Performance	LL31023
		Foreign Languages (French/ German/ Spanish/ Japanese)	FRENCH-V (Intermediate)/ German-V (Intermediate)/ SPANISH V/ Japanese Language Course- 05	FR/GR/SP/JP 31005

Minor	Semester	Discipline	Course Title	Course Code
M6	6	Economics	Environment and Development	ES31302
		Sociology	Gender and Society	SO31302
		Management	Financial Risk Management	CB31302
		English	Literature and Cinema	LL31024
		Foreign Languages (French/ German/ Spanish/ Japanese)	FRENCH-VI (Intermediate)/ German-VI (Intermediate)/ SPANISH VI/ Japanese Language Course- 06	FR/GR/SP/JP 31006

Minor	Semester	Discipline	Course Title	Course Code
M7	7	Economics	Economics of Gender	ES41301
		Sociology	Environment and Climate Change	SO41301
		Management	Project Management and Appraisal	CB41301
		English	Test and Gender	LL41021
		Foreign Languages (French/ German/ Spanish/ Japanese)	FRENCH-VII (Intermediate)/ German-VII (Intermediate)/ SPANISH VII/ Japanese Language Course- 07	FR/GR/SP/JP 41007

Minor	Semester	Discipline	Course Title	Course Code
M8	8	Economics	Basics of Law and Labor Economics	ES41302
		Sociology	Sociology of Health	SO41302
		Management	Sustainable Finance	CB41302
		English	World Literature	LL41020
		Foreign Languages (French/ German/ Spanish/ Japanese)	FRENCH-VIII (Intermediate)/ German-VIII (Intermediate)/ SPANISH VIII/ Japanese Language Course- 08	FR/GR/SP/JP 41008